

# INTERPERSONS

## SUNDAY

**Men's Freedom From Within Group** [10:30-11:45 am]

## MONDAY

**Mind.Body.Spirit.Revival (MBSR)** [8-9 am]

HYBRID - ZOOM ID: 941 565 08219

**Krafting with Krystle** [1-2pm]

**All Faiths Spirituality Discussion** [3:30-4:30 pm]

VIRTUAL - ZOOM ID: 595 643 781

**Case of the Mondays** [7-8:15pm]

*\*starting October 4th\**

**Recovery Dharma** [7-8pm]

*\*starting September 27th - upstairs in the ZenDen\**

## TUESDAY

**Family Support Group** [6-7 pm]

*\*starting November 2nd\**

**New Hope** [7:30-8:30 pm]

## WEDNESDAY

**Mind.Body.Spirit.Revival (MBSR)** [8-9 am]

HYBRID - ZOOM ID: 941 565 08219

**Youth in Recovery** [4-5 pm]

**Women in Recovery Together** [6:30-7:45 pm]

## THURSDAY

**Men's Mad Dog** [7-8:15 pm]

## FRIDAY

**Mind.Body.Spirit.Revival (MBSR)** [8-9 am]

HYBRID - ZOOM ID: 941 565 08219

**Parenting in Recovery** [4-5 pm]

## SATURDAY

**Saturday Daily Inventory** [7-8 pm]

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• RECOVERY  
• COMMUNITY  
• ORGANIZATION