



● RECOVERY
● COMMUNITY
● ORGANIZATION

September 21-25, 2020

45 High St. Nashua, NH

9:00 AM- 4:00PM

The Art & Science of
Peer-Assisted
Recovery



Overview:

A 30-hour, evidence-informed, highly interactive training for persons interested in providing peer-assisted recovery services in a variety of service settings, authored by several New-Hampshire-based and national thought leaders in the field of peer-based recovery supports. Concepts and competencies addressed include: Recovery-Oriented Systems of Care; Multiple pathways of recovery; harm reduction; Peer recovery supports ethics; boundary management; Motivational Interviewing; social justice issues in recovery coaching; self care; role-specific research and data collection and reporting; stigma, discrimination, and language. This class will also take an extensive look at ethical considerations and scenarios that are common in peer-assisted recovery to prepare individuals for engagement in peer-assisted recovery.

Learning objectives:

Participants will be able to:

- Describe the peer recovery specialist role and sub-roles
- Examine empowerment as a process and a tool to guide their activities with recovering populations
- Examine how paradigms about recovery can support or limit the process of coaching recovery
- Identify effective means of managing personal biases about recovery
- List the components of both the art and the science of supporting recovery
- Practice core Motivational Interviewing skills
- Compare the peer recovery specialist role with other recovery-supportive roles and professions
- Define and locate opportunities to improve a Recovery-Oriented System of Care
- Discuss social justice issues surrounding the role and services of recovery coaches
- Discuss the importance and roles of data in the peer recovery specialist role
- Discuss trauma-informed care in relation to the peer recovery specialist role
- Practice newly acquired knowledge and skills
- Identify opportunities to improve present skills relative to coaching recovery

This class is pending pre-approval of 30 contact hours with the NH Board of Alcohol & Other Drug Use Professionals:

Category of Competence: CRSW 1-4

LADC/MLADC 3,4,5,6, 7, 11, 13, 15 & 18

To Register: <https://www.eventbrite.com/e/the-art-science-of-peer-assisted-recovery-tickets-115568337007>